



C.G. Jung Society of
Western Australia

Lecture: Friday, July 19, 2024

7:00pm – 8:30pm

***How Dreaming Revealed
Inter-Generational Trauma***

Debbie Ford (Paulik)

‘The dream is a little hidden door in the innermost secret recess of the soul.’

– CG Jung

Debbie Ford will be giving a talk on dreams and inter-generational trauma. She will share her own experience using two significant dreams that reveal a deep level of her inner world, and the parallel story of early childhood to what is now understood as inter-generational trauma. Trauma is thought of as being experiences that occur in our own lives. As individuals and societies, we endure repetitive cycles of trauma and conflict. Freud described trauma as having a “repetition compulsion” ---a feature of trauma that keeps us trapped in painful cycles. This repetition of trauma can be passed down from generation to generation. Healing may occur when the repressed imprint is brought to consciousness and metabolized. Dreams allow the unconscious to be heard, revealing what has been repressed and hidden, facilitating the unique story to come alive and help facilitate healing.



Debbie Ford (Paulik) is a Psychoanalytic Psychotherapist and has been in private practice since 1995. She is a part of the Centre of Jungian Psychology and Psychotherapy in Fremantle. She has been a lecturer and supervisor of trainee psychotherapists, meditation and dream group facilitator, group facilitator at Holyoake and volunteer Counsellor at Canteen for over 15 years. Debbie was on the board of directors of Relationships Australia WA for five years. She is a committee member and past vice-president of the CG Jung Society of WA.

Email: deb_psyc@inet.net.au

**Venue: Cottesloe Civic Centre Lesser Hall
Corner of Napier Street and Broome Street, Cottesloe**

Cost: \$10 (members), \$15 Concession \$20 (general)

C.G. Jung Society of WA (Inc) www.jungwa.org

Correspondence and enquiries to the President:

Brittain Garrett phone: 0417 958 658 email: president@jungwa.org